

The Spine Segment

Fall 2009



Welcome

Welcome to the fall issue of spine news from Indiana Spine Group. This fall newsletter will provide practice announcements and updates. To receive this newsletter electronically, please visit www.indianaspinegroup.com to sign up.

Back Talk 2009

On September 11 and 12, 2009, more than 150 health care practitioners, including physicians, chiropractic physicians, nurses, and nurse practitioners joined Indiana Spine Group for their third annual Back Talk symposium. This educational symposium provided the latest information on the diagnosis and treatment of spinal disorders, injuries and abnormalities. Visit the Back Talk symposium [photo gallery](#).

BACK TALK

Watch your mail and email, for information about the 2010 conference. If you have any topic suggestions, please email those to info@indianaspinegroup.com.

More Back Talk

If you did not get a chance to join us for Back Talk, or if you want a colleague to see a presentation, this is now possible. The topics presented on Friday are available online. Now you can learn more about *The Fundamentals of Spinal Diagnosis*, *Common Spinal Disorders*, *Minimally Invasive Spine Treatments* and more, at your convenience. To watch these educational videos, visit Indiana Spine Group's [educational pages](#). Additionally, if you would like to receive CME credits for viewing these videos visit the St.Vincent Health [Distance Education site](#). (Note: Once on the Distance Education page, select '2009 Spine Symposium').

These educational videos were made possible through an education grant from the [St.Vincent Spine Center](#).

'Tis the Season - For Back Pain and Strain

With temperatures dropping, leaves falling and snow soon in the forecast come the many opportunities for backs injuries. When raking leaves or shoveling snow, it is easy to twist and turn incorrect, and use incorrect body mechanics. All can contribute to back pain!

To help avoid these common injuries, Indiana Spine Group has prepared fact sheets for you, and to share with your patients.



Fact Sheets

[Preventing Injuries While Working Outside](#)

[Tips for Snow Shoveling](#)



Out and About

Physicians with Indiana Spine Group routinely speak at medical conferences and other physician educational programs locally, nationally and internationally. The following are a few recent conferences in which our physicians have participated:

Rick C. Sasso, M.D.

- Dr. Sasso presented at the 16th International Meeting on Advanced Spine Techniques in Vienna, Austria, this past July. In addition to participating in various lectures, Dr. Sasso also presented an abstract he co-authored entitled, *Blood Metal Ion Levels Following Implantation of an All-Metal Lumbar Intervertebral Disc Replacement*.
- This summer, Dr. Sasso was a visiting professor at the Texas Back Institute in Dallas. Dr. Sasso presented at their grand rounds program, and gave a lecture on Interoperative Spinal Navigation.
- In October, Dr. Sasso was a faculty member at the 8th Annual Symposium on Innovative Techniques in Spine Surgery in Phoenix. This symposium was sponsored by the Organization of Spinal Teaching and Research. Dr. Sasso presented the results of the FDA studies for cervical disc replacement and gave a talk on lumbar artificial disc replacement.
- Dr. Sasso was a course director for the American Association of Orthopaedic Surgeons (AAOS) / Cervical Spine Research Society (CSRS) - Contemporary Techniques in Spine Surgery meeting this November. In addition to being a course director, Dr. Sasso also gave various talks, spine surgical demonstrations, and he was a lab instructor for surgical skills labs.

Jonathan P. Gentile, M.D.

- In July, Dr. Gentile presented at the annual meeting of the Indiana Academy of Family Physicians. At this meeting, Dr. Gentile gave a presentation on failed back; discussing the diagnosis and various treatment options.

Paul E. Kraemer, M.D.

- In August, Dr. Kraemer presented for the neurosurgical grand rounds at Indiana University. His talk was entitled *What Orthopaedics Taught Me About Spine Surgery*.
- Dr. Kraemer was an invited lecturer for Medtronic, where he gave a talk entitled *Rethinking Adjacent Segment Disease*.
- Dr. Kraemer is a faculty / chair member for a regional symposium on complex spine problems. This meeting will be hosted in late November in Kentucky.

Referrals

To refer patients or schedule appointments for our Indianapolis and Anderson offices, call (317) 228-7000 or toll-free (866) 947-7463. To schedule an appointment for our Kokomo office, call (765) 236-8700.



Sitting left to right: Kenneth L. Renkens, M.D.; Rick C. Sasso, M.D.; and Kevin E. Macadaeg, M.D. Standing left to right: Paul E. Kraemer, M.D.; Jonathan P. Gentile, M.D.; John W. Arbuckle, M.D.; and Thomas M. Reilly, M.D.

Indiana Spine Group is a premier provider of medical and surgical care of the spine, treating young children, adults and seniors. Using the most advanced diagnostic and treatment tools available, Indiana Spine Group provides comprehensive spine treatment, including orthopaedic spine surgery, neurosurgical spine surgery and minimally invasive spine treatments.

Spinal Diagnostics & Therapeutics

Kevin E. Macadaeg, M.D. | Jonathan P. Gentile, M.D. | John W. Arbuckle, M.D.

Spine Surgery

Rick C. Sasso, M.D. | Kenneth L. Renkens, M.D. | Thomas M. Reilly, M.D. | Paul E. Kraemer, M.D.

Visit us online at www.indianaspinegroup.com, for more information about Indiana Spine Group.