

The Spine Segment

Summer 2008



Welcome

Welcome to the summer issue of spine news from Indiana Spine Group. This summer newsletter will provide practice announcements and updates. To receive this newsletter electronically, please visit www.indianaspinegroup.com to sign up.

Indiana Spine Group Welcomes New Spine Surgeon

We are excited to announce the addition of a new orthopaedic spine surgeon to the team, **Paul E. Kraemer, M.D.**

Dr. Kraemer completed his fellowship in orthopaedic spine surgery, and received advanced clinical experience at Harborview Medical Center / The University of Washington in Seattle. He received his medical degree from the University of Iowa College of Medicine and completed his orthopaedic residency at the University of Wisconsin. Dr. Kraemer specializes in all aspects of spine surgery, including cervical, thoracic and lumbar. His special medical interests include orthopaedic spinal trauma and adult spinal deformity.



Paul E. Kraemer, M.D.

Dr. Kraemer is seeing patients at our office on the campus of Community Hospital North, at 8040 Clearvista Parkway, Suite 440. **To schedule a patient consultation, call (317) 228-7000.**

Now Available - Physical Therapy Services

In an ongoing effort to meet our patient's needs, we now provide physical therapy services. Under the direction of Adam Ebbert, PT, our physical therapy coordinator, we are able to facilitate physical therapy when ordered by one of our physicians.

Once physical therapy is ordered by one of our physicians for their spine care, Adam will evaluate the patient and develop an individualized treatment plan. Physical therapy services can then be provided at one of our Indianapolis offices, or we will coordinate physical therapy services at another location closer to the patient's home.

Physical therapy is one effective treatment option for many spine problems. With physical therapy, the goals of treatment are to improve the patient's strength, flexibility and, most importantly, function.

Priority Referral

As always, our goal is to provide quality patient care in a timely manner. We recognize that many of your patients may be in pain as well as concerned about their condition, and therefore do not want to have to wait weeks for an appointment. That is why we are implementing **Priority Referral**. With our **Priority Referral** program, your patients will be offered appointment time options the same week they are referred to Indiana Spine Group.

For patient referral forms or to make a patient referral, please call our office at (317) 228 -7000.

New Location for Our Kokomo Office

At the end of May, our Kokomo office moved within the same office complex. We are now located at 307 S. Berkley Road. Spine surgeon, Dr. Thomas Reilly sees patients at this location. Additionally, minimally invasive spine specialists John Arbuckle, M.D., and Jonathan Gentile, M.D., see patients one day a week at this office.

For our patients' convenience, we also have offices in Indianapolis and Anderson.



Pictured left to right: Kevin E. Macadaeg, M.D., Thomas M. Reilly, M.D., John W. Arbuckle, M.D., Kenneth L. Renkens, M.D., Rick C. Sasso, M.D. and Jonathan P. Gentile, M.D.

Indianapolis Offices | 8402 Harcourt Road, Suite 400 | Indianapolis, IN 46260
8040 Clearvista Parkway, Suite 440 | Indianapolis, IN 46256

Anderson Office | 2101 Jackson Street, Suite 203 | Anderson, IN 46016

Kokomo Office | 307 South Berkley Road | Kokomo, IN 46901

To schedule an appointment for our Indianapolis and Anderson offices call (317) 228-7000 or toll-free (866) 947-7463. For our Kokomo office, call (765) 236-8700.

Treatment for VCF's

With the increasing incidence of osteoporosis and the resulting vertebral compression fractures (VCF), Indiana Spine Group continues to provide the latest treatments. The National Osteoporosis Foundation, projects 700,000 vertebral fractures annually. We specialize in treatment options for vertebral compression fractures. Treatments can reduce pain, increase range of motion, protect against further collapse of the treated vertebra and, most importantly, allow your patients to return to previous levels of activity. **To learn more about treatment options, call (317) 228-7000.**

For Your Patients

What type of backpack should I buy? How does my weight affect my spine? How can I prevent back pain when I am driving? All of these are great questions - questions that you have probably been asked by your patients.

For your convenience, we have developed fact sheets on these topics and many others. These fact sheets are helpful for patient education. Each topic has been created as a simple sheet, that you can easily hand to patients as needed. To access these patient fact sheets, visit www.indianaspinegroup.com. Then go to the spine education link, and click wellness. Print them off as needed. Additionally, we are updating our patient education site and will have many more spine-related educational topics online by the end of the summer.

Spinal Diagnostics & Therapeutics

Kevin E. Macadaeg, M.D. | Jonathan P. Gentile, M.D. | John W. Arbuckle, M.D.

Spine Surgery

Rick C. Sasso, M.D. | Kenneth L. Renkens, M.D. | Thomas M. Reilly, M.D. | Paul E. Kraemer, M.D.